

# Energy in the Home

## Worksheet



**Task** Fill in the following boxes to explain why the actions would help save energy.



Move furniture away from radiators and heaters.



Switch off lights when not in use.



Draw curtains across windows at night.



Turn electrical appliances like TVs and phone chargers off at the wall.



Turn down thermostat by 1 degree and save 10% on energy bills.





Service heating systems  
at least once a year.



Replace light bulbs with  
energy efficient ones.



Defrost your freezer regularly.



Shop around to make sure your  
energy supplier is the cheapest  
on the market.

## Extension

Use the blank boxes to come up with your own energy saving  
tips and then explain how they would help save energy.


